

Isabel Smith

Adult nursing graduate and Clinical Research MRes student with experience across patient care, ward research and health data.

LOCATION

London, UK

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I have worked in surgical wards, theatres and PACU, and delivered patient facing research using continuous glucose monitoring and ward telemetry. I am interested in work that brings together healthcare, evidence, data, technology and clear communication.

Experience

No-Low Clinical Research Project

2025 TO 2026

Imperial College London

- Worked on an existing study using continuous glucose monitoring with telemetry to reduce hypoglycaemia in inpatients with diabetes.
- Recruited patients, explained the study, fitted Dexcom G7 sensors, set up study phones and troubleshoot technology on the ward.
- Analysed CGM and paired glucose data, including time below range, time above range, MARD and DTS error grid analysis.

Registered Nurse

2024 TO 2025

Benenden Hospital, Kent

- Worked for one year across surgical wards, theatres and PACU.
- Managed competing priorities, communicated with patients and multidisciplinary teams, and escalated clinical concerns.
- Built strong accountability, adaptability, time management and judgement under pressure.

Education

MRes Clinical Research

2025 TO PRESENT

Imperial College London, Diabetes and Obesity Pathway

- Coursework and assessment covered critical appraisal, statistics, grant writing, proposal development, diabetes and obesity, research ethics and governance.
- Developed and presented original research proposals and completed Good Clinical Practice certification in October 2025.

BNurs Adult Nursing, First Class Honours

GRADUATED 2024

University of Manchester

- Achieved 90 percent for my dissertation, *The effects of airway nerve blocks on patients undergoing awake endotracheal intubation*.
- Combined evidence based study with placements across acute care, critical care, theatres and community settings.

Core skills

- Clinical and patient communication
- Research recruitment and delivery
- CGM and paired glucose data analysis
- Critical appraisal and evidence synthesis
- Grant and proposal writing
- AI tools for building and testing ideas
- Accountability and judgement under pressure

Selected project

Ward CGM simulator

Built a playable model of a hospital ward with 32 beds to explore whether CGM telemetry can help nurses identify deteriorating patients sooner than routine monitoring. Developed and tested with AI tools.

isabelsmith.me/projects/ward-sim

Certificates and interests

Good Clinical Practice

Completed October 2025

LAMDA Grade 7

Speech and performance

PADI certified scuba diver